

| | | | | |
|--------|---------|------|-------|----------------------|
| ID | Altura | Edad | Sexo | Fecha/ Hora del test |
| Nombre | 156.8cm | 51 | Mujer | 05.30.2025 11:13 |



Análisis de la Composición Corporal

| | Valor | Agua Corporal Total | Masa Magra Blanda | Masa Libre de grasa | Peso |
|--------------------------|-----------------------|---------------------|-----------------------|-----------------------|-----------------------|
| Agua Corporal Total (L) | 27.8 (26.9 ~ 32.9) | 27.8 | 35.5 (34.6 ~ 42.2) | 37.7 (36.6 ~ 44.8) | |
| Proteínas (kg) | 7.3 (7.2 ~ 8.8) | | | | 59.1 (45.0 ~ 60.8) |
| Minerales (kg) | 2.65 (2.49 ~ 3.05) | No óseo | | | |
| Masa Grasa Corporal (kg) | 21.4 (10.6 ~ 16.9) | | | | |

Análisis Músculo-Grasa

| | Bajo | Normal | Alto | |
|-------------------------------------|--|--------|------|---|
| Peso (kg) | 55 70 85 100 115 130 145 160 175 190 205 | 59.1 | | % |
| MME (kg) Masa Musculoesquelética | 70 80 90 100 110 120 130 140 150 160 170 | 19.9 | | % |
| MGC (kg) Masa Grasa Corporal | 40 60 80 100 160 220 280 340 400 460 520 | 21.4 | | % |

Análisis de Obesidad

| | Bajo | Normal | Alto | |
|---|--|--------|------|--|
| IMC (kg/m ²) Índice de Masa Corporal | 10.0 15.0 18.5 21.5 25.0 30.0 35.0 40.0 45.0 50.0 55.0 | 24.0 | | |
| PGC (%) Porcentaje de grasa corporal | 8.0 13.0 18.0 23.0 28.0 33.0 38.0 43.0 48.0 53.0 58.0 | 36.1 | | |

Análisis de Magro Segmental

Basado en el peso ideal ————— Basado en el peso actual —————

| | Bajo | Normal | Alto | Ratio AEC |
|------------------------------|----------------------------------|---------------|------|-----------|
| Brazo derecho (kg) (%) | 40 60 80 100 120 140 160 180 200 | 2.01 100.2 | | 0.380 |
| Brazo izquierdo (kg) (%) | 40 60 80 100 120 140 160 180 200 | 1.92 96.1 | | 0.382 |
| Tronco (kg) (%) | 70 80 90 100 110 120 130 140 150 | 17.7 97.7 | | 0.398 |
| Pierna derecha (kg) (%) | 70 80 90 100 110 120 130 140 150 | 5.23 82.7 | | 0.398 |
| Pierna izquierda (kg) (%) | 70 80 90 100 110 120 130 140 150 | 5.16 81.6 | | 0.399 |

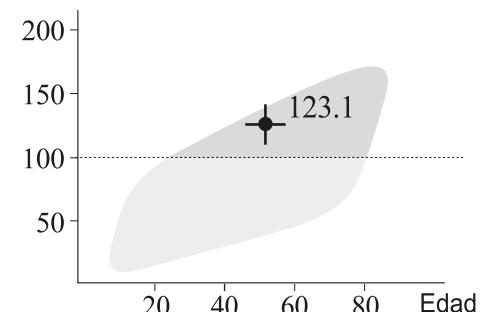
Análisis de la Proporción AEC

| | Bajo | Normal | Alto | |
|-----------|---|--------|------|--|
| Ratio AEC | 0.320 0.340 0.360 0.380 0.390 0.400 0.410 0.420 0.430 0.440 0.450 | 0.396 | | |

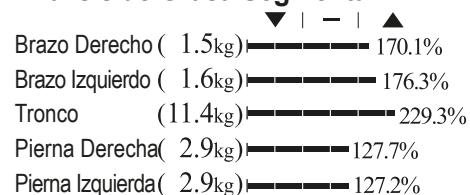
Historial de Composición Corporal

| | | | | | | | | |
|---|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|
| Peso (kg) | 65.3 | 63.9 | 62.4 | 61.8 | 62.3 | 60.9 | 60.5 | 59.1 |
| MME (kg) Masa Musculoesquelética | 20.1 | 20.0 | 19.7 | 19.7 | 19.8 | 19.7 | 19.8 | 19.9 |
| PGC (%) Porcentaje de Grasa Corporal | 41.3 | 40.7 | 39.2 | 39.0 | 39.4 | 38.6 | 37.8 | 36.1 |
| Ratio AEC | 0.399 | 0.398 | 0.396 | 0.396 | 0.397 | 0.396 | 0.398 | 0.396 |
| Reciente | 07.21.24 15:11 | 08.27.24 14:58 | 09.20.24 15:02 | 11.23.24 15:23 | 12.21.24 15:00 | 02.19.25 14:52 | 03.20.25 15:12 | 05.30.25 11:13 |

Área de Grasa Visceral

 AGV(cm²)


Análisis de Grasa Segmental



Parámetros de investigación

| | | |
|------------------------|-----------|-------------|
| Agua Intracelular | 16.8 L | (16.6~20.4) |
| Agua Extracelular | 11.0 L | (10.3~12.5) |
| Tasa Metabólica Basal | 1185 kcal | (1255~1451) |
| Contenido Mineral Óseo | 2.18 | (2.01~2.45) |
| Masa Celular Corporal | 24.1 kcal | (23.9~29.3) |

Ángulo de Fase Corporal Total

ϕ(°) 50 kHz | 4.3°

Ángulo de Fase Corporal Segmental

 BD BI TR PD PI
 ϕ(°) 50 kHz | 4.5 4.1 5.7 4.0 3.8

Parámetros de sarcopenia

| | |
|-----------|---------------------------------|
| IMME | 5.8 kg/m ² (< 5.7) |
| FAM (HGS) | 15.8 kg (< 18.0) |

Impedancia

