

| | | | | |
|--------|---------|------|-------|----------------------|
| ID | Altura | Edad | Sexo | Fecha/ Hora del test |
| Nombre | 156.8cm | 51 | Mujer | 05.30.2025 11 : 13 |

Análisis de la Composición Corporal

| | Valor | Agua Corporal Total | Masa Magra Blanda | Masa Libre de grasa | Peso |
|--------------------------|-----------------------|---------------------|-----------------------|-----------------------|-----------------------|
| Agua Corporal Total (L) | 27.8 (26.9 ~ 32.9) | 27.8 | 35.5 (34.6 ~ 42.2) | 37.7 (36.6 ~ 44.8) | 59.1 (45.0 ~ 60.8) |
| Proteínas (kg) | 7.3 (7.2 ~ 8.8) | No óseo | | | |
| Minerales (kg) | 2.65 (2.49 ~ 3.05) | | | | |
| Masa Grasa Corporal (kg) | 21.4 (10.6 ~ 16.9) | | | | |

Análisis Músculo-Grasa

| | Bajo | Normal | Alto |
|-------------------------------------|--|--------|------|
| Peso (kg) | 55 70 85 100 115 130 145 160 175 190 205 % | 59.1 | |
| MME (kg) Masa Musculoesquelética | 70 80 90 100 110 120 130 140 150 160 170 % | 19.9 | |
| MGC (kg) Masa Grasa Corporal | 40 60 80 100 160 220 280 340 400 460 520 % | 21.4 | |

Análisis de Obesidad

| | Bajo | Normal | Alto |
|---|--|--------|------|
| IMC (kg/m²) Índice de Masa Corporal | 10.0 15.0 18.5 21.5 25.0 30.0 35.0 40.0 45.0 50.0 55.0 | 24.0 | |
| PGC (%) Porcentaje de grasa corporal | 8.0 13.0 18.0 23.0 28.0 33.0 38.0 43.0 48.0 53.0 58.0 | 36.1 | |

Análisis de Magro Segmental

Basado en el peso ideal Basado en el peso actual

| | Bajo | Normal | Alto | Ratio AEC |
|---------------------------|------------------------------------|---------------|------|-----------|
| Brazo derecho (kg) (%) | 40 60 80 100 120 140 160 180 200 % | 2.01 100.2 | | 0.380 |
| Brazo izquierdo (kg) (%) | 40 60 80 100 120 140 160 180 200 % | 1.92 96.1 | | 0.382 |
| Tronco (kg) (%) | 70 80 90 100 110 120 130 140 150 % | 17.7 97.7 | | 0.398 |
| Pierna derecha (kg) (%) | 70 80 90 100 110 120 130 140 150 % | 5.23 82.7 | | 0.398 |
| Pierna izquierda (kg) (%) | 70 80 90 100 110 120 130 140 150 % | 5.16 81.6 | | 0.399 |

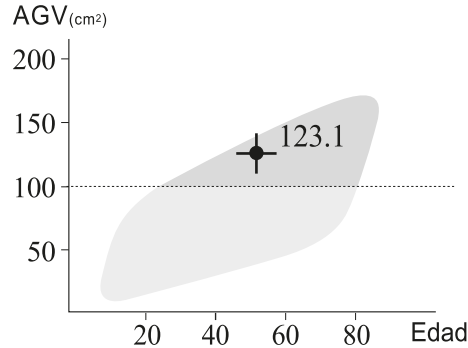
Análisis de la Proporción AEC

| | Bajo | Normal | Alto |
|-----------|---|--------|------|
| Ratio AEC | 0.320 0.340 0.360 0.380 0.390 0.400 0.410 0.420 0.430 0.440 0.450 | 0.396 | |

Historial de Composición Corporal

| | | | | | | | | |
|---|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|
| Peso (kg) | 65.3 | 63.9 | 62.4 | 61.8 | 62.3 | 60.9 | 60.5 | 59.1 |
| MME (kg) Masa Musculoesquelética | 20.1 | 20.0 | 19.7 | 19.7 | 19.8 | 19.7 | 19.8 | 19.9 |
| PGC (%) Porcentaje de Grasa Corporal | 41.3 | 40.7 | 39.2 | 39.0 | 39.4 | 38.6 | 37.8 | 36.1 |
| Ratio AEC | 0.399 | 0.398 | 0.396 | 0.396 | 0.397 | 0.396 | 0.398 | 0.396 |
| <input checked="" type="checkbox"/> Reciente <input type="checkbox"/> Total | 07.21.24 15:11 | 08.27.24 14:58 | 09.20.24 15:02 | 11.23.24 15:23 | 12.21.24 15:00 | 02.19.25 14:52 | 03.20.25 15:12 | 05.30.25 11:13 |

Área de Grasa Visceral



Análisis de Grasa Segmental

| | |
|---------------------------|--------|
| Brazo Derecho (1.5kg) | 170.1% |
| Brazo Izquierdo (1.6kg) | 176.3% |
| Tronco (11.4kg) | 229.3% |
| Pierna Derecha (2.9kg) | 127.7% |
| Pierna Izquierda (2.9kg) | 127.2% |

Parámetros de investigación

| | | |
|------------------------|-----------|---------------|
| Agua Intracelular | 16.8 L | (16.6~20.4) |
| Agua Extracelular | 11.0 L | (10.3~12.5) |
| Tasa Metabólica Basal | 1185 kcal | (1255~1451) |
| Contenido Mineral Óseo | 2.18 | (2.01 ~ 2.45) |
| Masa Celular Corporal | 24.1 kcal | (23.9~29.3) |

Ángulo de Fase Corporal Total

$\phi(^{\circ})$ 50 kHz | 4.3°

Ángulo de Fase Corporal Segmental

| | | | | | |
|-------------------------|-----|-----|-----|-----|-----|
| | BD | BI | TR | PD | PI |
| $\phi(^{\circ})$ 50 kHz | 4.5 | 4.1 | 5.7 | 4.0 | 3.8 |

Parámetros de sarcopenia

| | | |
|-----------|-----------|------------|
| IMME | 5.8 kg/m² | (< 5.7) |
| FAM (HGS) | 15.8 kg | (< 18.0) |

Impedancia

